



The Norfolk and Waveney Health and Care Partnership

Briefing: Transformation of Mental Health Services for Children and Young People

19 June 2019

The CCGs' Joint Strategic Commissioning Group (JSCC) has agreed to our proposed new approach to supporting children and young people's mental health and wellbeing in Norfolk and Waveney. This is an important step in developing a joint approach between Norfolk County Council and the CCGs in Norfolk and Waveney to funding and commissioning services and support earlier to improve the wellbeing of our children and young people. You can read the JSCC papers [here](#), pages 115-120.

Children and young people and their families and carers, clinicians, professionals and staff, have been part of the development of mental health services for children and young people over the past three years; in the autumn of 2018, the five CCGs in Norfolk and Waveney and Norfolk County Council started a piece of work to consider all aspects of planning and commissioning through a wide-ranging review of children and young people's mental health services locally, and to explore more widely different ways of working to improve emotional wellbeing.

The insight from colleagues across children and young people's mental health services has been vital in informing the decision reached by JSCC at its meeting in public on Tuesday 18th June. The STP has supported this approach, recommending collaboration between the NHS Clinical Commissioning Groups in Norfolk and Waveney, Norfolk County Council, the voluntary sector and wider stakeholders to form an alliance, starting with new governance for joint decision making and designing more joined up service arrangements across the system for those aged 0-25.

The long-term aim is to develop multi-disciplinary and multi-agency working arrangements, based in communities that reduce any duplication or delays to support. This would be based on a model called THRIVE, which has been used successfully in other areas of the country.

The THRIVE model moves away from a traditional tiered approach to mental health services and focuses on the specific needs of each young person, bringing in extra support as and when the child needs it.

The new model and approach will enable those providing support to children and young people to work together to ensure that we have one approach to meeting the needs of children and young people, with one set of shared outcomes.

Norfolk County Council's Cabinet will also need to agree the approach at its meeting on Monday 5th August; in the meantime, work will continue to design how this will look in practice, which will focus on getting earlier help to those who need it.

We look forward to keeping you updated as this work develops further, and opportunities in getting involved in shaping future services.

Co-signed:

Sara Tough, Executive Director, Children's Services, Norfolk County Council

Jo Smithson, Lead Director, NHS Norwich CCG