

in good health

The Norfolk and Waveney Health and Care Partnership

How can we make Norfolk and Waveney a healthier place to live?

July 2019



Easy Read Survey

About this document



This document is a survey that has been written by the **Norfolk and Waveney Sustainability and Transformation Partnership**.



The **Partnership** is formed of health and care organisations across Norfolk and Waveney.



The **Partnership** is working together to make sure we plan for people's health and care needs in the future. We also want to make sure we are spending money on the most important areas of care.



The **NHS Long Term Plan** describes what changes we need to make in health and social care to help keep people healthy and look after them in the future.



We need to write a plan that is right for people living in Norfolk and Waveney. It needs to cover what we will do over the next **five years**.



We want to hear people's ideas about what needs to be in this five year plan. We will listen to these comments when we produce a final draft of the plan in November **2019**.

Why we need a five year plan



The number of people living in Norfolk and Waveney is getting bigger. By the year 2030, there will be over **50,000 more older people** living in the area than there were in 2015.



Our health and care services are **working very hard**, but meeting everyone's needs is difficult. If we don't plan well, we won't have enough money or staff to keep caring for people in the same way we do now.

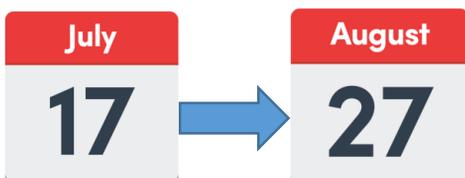


Digital technology, like laptops, smartphones and tablets, are helping us to look after ourselves. Using this technology can help provide the type of care that people now need and to reduce the pressure on our services.

How you can help us



We want you to tell us about your experiences of health and care services locally. **Your ideas will help us write our five year plan. You can fill in this survey to take part.** You do not have to answer all the questions if you don't want to.



You can complete this survey between **17th July and 27th August 2019.**

Our questions...



We know it is important for children and young people to get the best start in life.

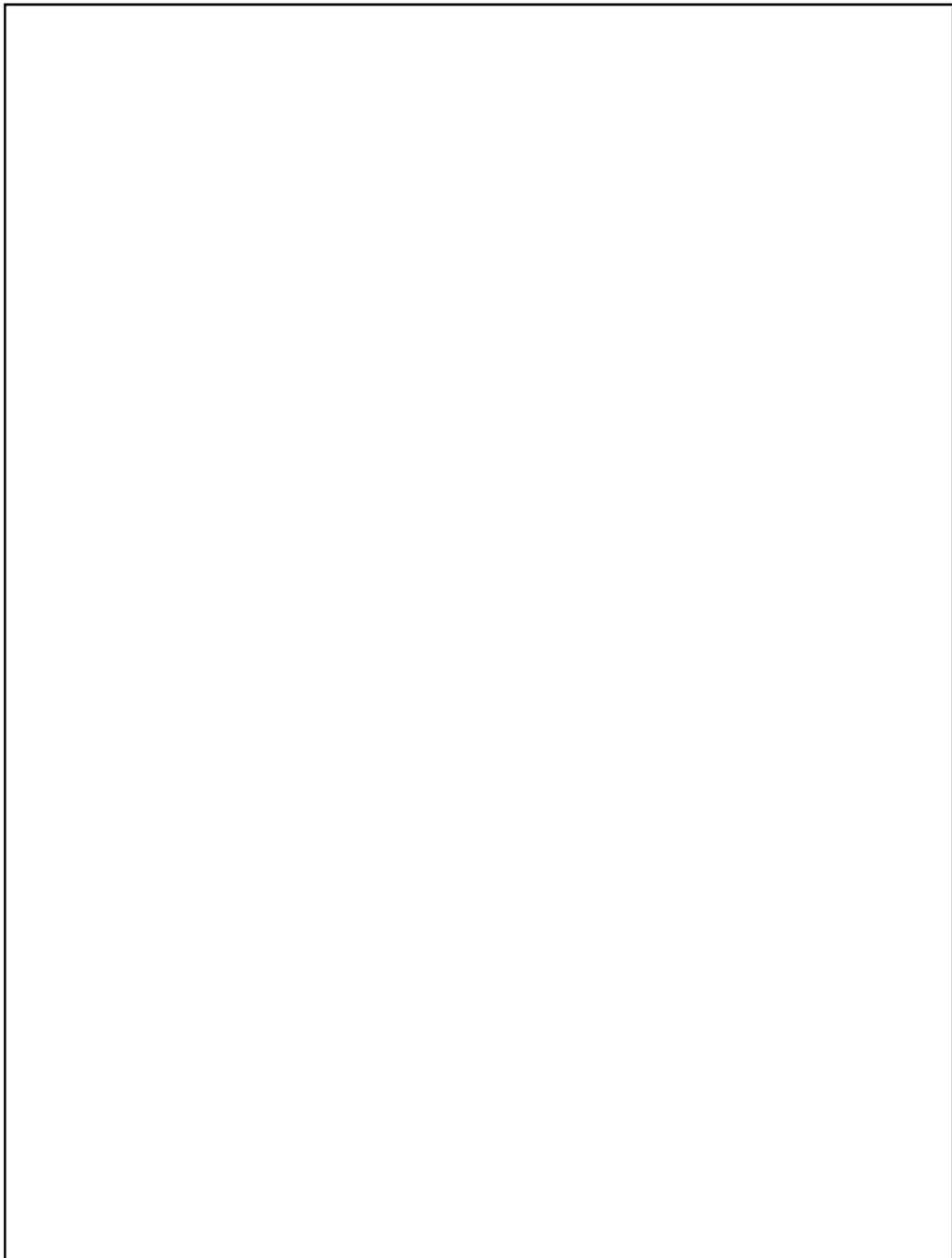
1. What can we do to give children the best start? What is working well and what could improve things?

Our questions...



Many people have a long term condition, like breathing problems or diabetes. We know that lots of people may experience mental health problems.

2. How can we help people with long term health conditions? What is working well and what can be improved?



Our questions...



As people get older, they sometimes have health conditions that affect how they live their life. People are living for longer, but often with more health needs.

3. How can we help people as they get older? What is working well and what can be improved?

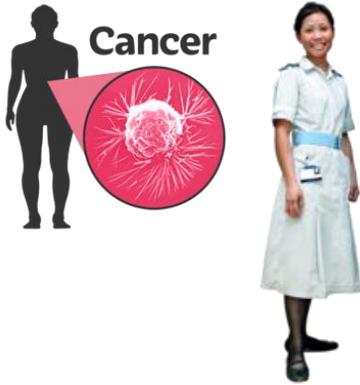
Our questions...



Lots of people get help and support for their health needs at their GP surgery. In the future, GP surgeries will be working closely together to provide services to local people.

4. What's the best thing about your GP surgery that others could copy? What other health professionals would you like to be able to see at your GP surgery?

Our questions...



People that get cancer are more likely to survive today than in the past. However, we can always treat people that have cancer more effectively.

5. How can we prevent people from getting cancer? What could we do to diagnose cancers earlier?

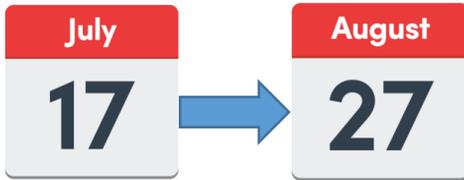
Our questions...



6. What else would you like to see in our five year plan?

A large, empty rectangular box with a black border, intended for writing answers to the question above.

What happens next...



You can complete this survey between **17th July and 27th August 2019**.



Once you have answered all the sections you want to complete, you can send this survey back to us.



Send your survey for free to the following address – you do not need to use a stamp:

Freepost RTJE-GXBZ-CSJR

NHS Norwich CCG

Room 202

City Hall

St Peters Street

Norwich

NR2 1NH



You can also give your responses to these questions online. Visit this website link to take part:

<https://ingoodhealth.dialogue-app.com>